

# Ka Ora, Ka Ako | Healthy School Lunches programme - Specialised Diet Form

If your child requires a specialised diet for **medical, cultural, ethical, or religious reasons**, please complete this form in full and return it to the school office. Please note: we **do not cater for student food likes / dislikes**.

Student Name: \_\_\_\_\_ Student Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

I understand the information I provide will be given to the lunch supplier for the purpose of providing my child with a safe lunch.

Parent/Caregiver Contact Name: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Is the special lunch required due to (please tick):

- ☐ **ANAPHYLAXIS**
- ☐ **ALLERGIES** - An **allergy** causes an immune system reaction that affects numerous organs in the body, and can cause a range of symptoms, that can range from mild to life-threatening.
- ☐ **INTOLERANCE** - Food **intolerance** symptoms are generally less serious than allergies and are often limited to digestive problems.
- ☐ **RELIGIOUS BELIEFS**
- ☐ **MEDICALLY PRESCRIBED DIET**

Please tick all that apply	
<b>ANAPHYLAXIS</b> <input type="checkbox"/> Please detail which food/food groups:  <b>ALLERGY</b> <input type="checkbox"/> Peanut <input type="checkbox"/> Tree nut <input type="checkbox"/> Dairy / Milk Products (please detail below) <input type="checkbox"/> Wheat <input type="checkbox"/> Egg <input type="checkbox"/> Soy <input type="checkbox"/> Fish / Shellfish <input type="checkbox"/> Sesame <input type="checkbox"/> Kiwifruit <input type="checkbox"/> Other (please specify) -	<b>INTOLERANCE</b> <input type="checkbox"/> Gluten Intolerance <input type="checkbox"/> Lactose Intolerance <input type="checkbox"/> Other (please specify) -  <b>OTHER MEDICALLY PRESCRIBED DIETS</b> <input type="checkbox"/> Type 1 Diabetes <input type="checkbox"/> Coeliac Disease <input type="checkbox"/> Other (please specify) -  <b>RELIGIOUS / ETHICAL / CULTURAL</b> Please list food/s to be avoided:
Other relevant information:	

All meals are prepared in a non-allergen controlled environment. While we do our best to ensure your child's food is prepared in a safe manner, we cannot guarantee that there is no cross contamination as our kitchen handles ALL food groups. If you have a child with extremely sensitive allergies, please consider providing their lunch from home.